

COURSE NOTES HELLS BELLS



HellsBells 24HR // ADVENTURE RACE

LEG 1		13 km	Elevation Gain -5m	MARY RIVER	
	Fastest estimate = 1:30 hrs To Finish estimate = 3:00 hrs Team Estimate:		MAP 1		1,2,3,TA1
				▶ CAUTION - Moving water, exercise extreme caution. Flood debris, slippery wet rocks. ▶ Team kayaks must stay within 100m of each other - safety officials will be checking ▶ Teams to carry paddles and PFDs to CP1, collect kayaks, and navigate down river towards TA1. Collect all CPs in order. ▶ On completion of leg load kayak in trailer as instructed	
TA 1					
				▶ Access Bikes, Box A, Paddle Bag ▶ Place paddle gear with Box A in designated area for transport.	
LEG 2		6 km	Elevation Gain 130m	TO THE BLUFF	
	Fastest estimate = 0:15 hrs To Finish estimate = 0:30 hrs Team Estimate:		MAP 1		4,TA2
				▶ CAUTION - Public roads, cars/trucks travelling at high speed, ride single file, use sidewalks and paths where possible ▶ Teams to use back-country roads to navigate their way to the start of The Kenilworth Bluff Trek. Collect all CPs in order.	
TA 2					
				▶ Place bikes in designated area.	
LEG 3		6 km	Elevation Gain 530m	KENILWORTH BLUFF	
	Fastest estimate = 1:15 hrs To Finish estimate = 2:30 hrs Team Estimate:		MAP 1		C,TA2
				▶ Teams to use National Parks trail to summit the Kenilworth Bluff. Collect all CPs in order. ▶ Teams must stay within 100m of each other, all team members must visit all CPs (within 5m), penalties will apply.	
LEG 4		20 km	Elevation Gain 430m	IMBIL STATE FOREST	
	Fastest estimate = 1:30 hrs To Finish estimate = 3:00 hrs Team Estimate:		MAP 1,2		5,6,7,8,TA3
				▶ CAUTION - Public roads, 4x4s/dirt bikes/cars/trucks travelling at speed, ride single file, use sidewalks and paths where possible ▶ CAUTION - Exercise extreme caution – steep descents depending on route choice ▶ Teams to use fire trails and roads to navigate to TA3. Collect all CPs in order.	
TA 3					
				▶ Access Box B. Copy CPs for Leg 5 and 6, complete and return. ▶ Place Box B in designated area for transport.	
LEG 5		10 km	Elevation Gain 350m	IMBIL STATE FOREST TREK-O	
	Fastest estimate = 1:45 hrs To Finish estimate = 3:00 hrs Team Estimate:		MAP 3		D,E,F,G,H,TA3
				▶ CAUTION - Exercise extreme caution – rough tracks and steep descents depending on route choice ▶ Teams to navigate around the Imbil state forest using fire tracks and trails. Collect all CPs in ANY order.	
LEG 6		20 km	Elevation Gain 400m	IMBIL STATE FOREST MTB-0	
	Fastest estimate = 2:00 hrs To Finish estimate = 4:00 hrs Team Estimate:		MAP 3		I,J,K,L,M,TA3
				▶ CAUTION - Public roads, 4x4s/dirt bikes/cars/trucks travelling at speed ▶ CAUTION - Exercise extreme caution – steep descents depending on route choice ▶ Teams to navigate around the Imbil state forest using fire tracks and trails. Collect all CPs in ANY order.	

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LEG 7		0.5 km		Elevation Gain ?		MYSTERY DISCIPLINE	
?	Fastest estimate = 0:30 hrs			MAP 3		<ul style="list-style-type: none"> Proceed as instructed by TA officials Complete challenge to achieve the CP 	
	To Finish estimate = 1:00 hrs			N,TA3			
Team Estimate:							
LEG 8		25 km		Elevation Gain 1050m		OVER MT BORUMBA	
	Fastest estimate = 2:00 hrs			MAP 3,4		<ul style="list-style-type: none"> CAUTION - Public roads, 4x4s/dirt bikes/cars/trucks travelling at speed CAUTION - Exercise extreme caution – steep descents depending on route choice Teams to use public roads, fire trails and tracks to navigate their way to Little Yabba Creek Rest Area. Collect all CPs in order. 	
	To Finish estimate = 3:30 hrs			9,10,11, 12,13, TA4			
Team Estimate:							
TA 4						Place bikes as instructed	
LEG 9		2 km		Elevation Gain 10m		LITTLE YABBA CREEK TREK	
	Fastest estimate = 0:15 hrs			MAP 4		<ul style="list-style-type: none"> CAUTION – Exercise caution if crossing road Teams to use National Parks trails and Little Yabba Creek bed to collect CPs. Collect all CPs in order. 	
	To Finish estimate = 0:30 hrs			14,15, TA5			
Team Estimate:							
LEG 10		9 km		Elevation Gain -5m		MARY RIVER 2.0	
	Fastest estimate = 1:15 hrs			MAP 4		<ul style="list-style-type: none"> CAUTION - Moving water, exercise extreme caution. Flood debris, slippery wet rocks. Team kayaks must stay within 100m of each other - safety officials will be checking Teams to enter water at TA4 and navigate their way to CP1. Collect all CPs in order. Exit the water at CP1 At CP1 load kayak on kayak trailer as instructed and carry paddle and PFD to finish. 	
	To Finish estimate = 2:30 hrs			16,17,18, A,FINISH			
Team Estimate:							