

COURSE NOTES HELLS BELLS



HellsBells

24HR // ADVENTURE RACE

LEG 1		5.5 km	Elevation Gain 0m	RAINBOW BEACH TO RAINBOW WATERS	
	Fastest estimate = 0:30 hrs To Finish estimate = 1:00 hrs		1		1, TA1
	Team Estimate:				
<ul style="list-style-type: none"> ▶ START INFORMATION ▶ Race Briefing 1000hrs, Gear Drop from 1000hrs ▶ Race Start 1100hrs ▶ TA1 LOGISTICS: No Box. Do not leave any paddle gear. 					
LEG 2		25 km	Elevation Gain 0m	RAINBOW WATERS TO TIN CAN BAY	
	Fastest estimate = 3:00 hrs To Finish estimate = 6:00 hrs		1,2, Charts		2,3,4,X,Y, Z,TA2
	Team Estimate:				
<ul style="list-style-type: none"> ▶ TA2 LOGISTICS: Box A, Bike at TA1. 					
LEG 3		9 km	Elevation Gain 10m	TIN CAN BAY ROGAINE	
	Fastest estimate = 1:00 hrs To Finish estimate = 1:45 hrs		2		A,B,C,D, E,F,G, TA2
	Team Estimate:				
<ul style="list-style-type: none"> ▶ TA2 LOGISTICS: Box A, Bike at TA1. Place gear in 'ready to go' area on exit. 					
LEG 4		80 km	Elevation Gain 1,20m	TIN CAN BAY TO FRESHWATER RD	
	Fastest estimate = 4:30 hrs To Finish estimate = 8:00 hrs		2,3,4,5		5 to 18, TA3
	Team Estimate:				
<ul style="list-style-type: none"> ▶ TA 3 LOGISTICS: Box B. Place bike and gear in 'ready to go' area on exit. 					
LEG 5		13 km	Elevation Gain 440m	FRESHWATER RD TO RAINBOW BEACH	
	Fastest estimate = 1:30 hrs To Finish estimate = 2:30 hrs		5		19,20, 21,22, FINISH
	Team Estimate:				
<ul style="list-style-type: none"> ▶ FINISH LOGISTICS: Box A,B,Paddle Gear and Bikes will be transported back to HQ no later than 10am. 					