

COURSE NOTES HELLS BELLS



HellsBells 24HR // ADVENTURE RACE

LEG 1	8.5 km	Elevation Gain 0m	PADDLE BAROON POCKET DAM	
	Fastest estimate = 0:45 hrs To Finish estimate = 1:30 hrs	1	<ul style="list-style-type: none"> ▶ FIRST RESPONSE - Wave paddles vertically to attract safety craft. Use Phone in emergency. ▶ Team kayaks must stay within 100m of each other - safety officials will be checking ▶ Teams to navigate the waters of Baroon Pocket Dam to collect all CPs in order. On completion of leg carry kayak and paddle gear to designated area. ▶ TRANSITION - Barron Pocket Dam 	
	Team Estimate:	1,3,TA1		
<ul style="list-style-type: none"> ▶ START INFORMATION ▶ Race Briefing 0900hrs, Gear Drop from 0915hrs ▶ Transport to Start 1015hrs, Race Start 1130hrs ▶ TA1 LOGISTICS: No Box. Place Paddle gear in 'ready to go' area on exit. 				
LEG 2	14 km	Elevation Gain 260m	TREK TO KONDALILLA	
	Fastest estimate = 2:45 hrs To Finish estimate = 4:00 hrs	1	<ul style="list-style-type: none"> ▶ CAUTION - Exercise extreme caution on slippery wet rocks in gorge. Short swims required. Teams MUST carry / wear PFDs for this leg. ▶ Teams to enter the gorge and Obi Obi Creek at point designated on map and exit the creek when it intersects the great walk after approximately 5kms. On exiting the creek use the great walk to travel to Kondalilla Park and TA2. Give way to park guests at all times. Collect all CPs in order. ▶ TRANSITION - Kondalilla Park. 	
	Team Estimate:	4,5,TA2		
<ul style="list-style-type: none"> ▶ TA2 LOGISTICS: Box A, Bike at TA1. Place gear in 'ready to go' area on exit. 				
LEG 3	50 km	Elevation Gain 1,115m	MTB MAPLETON TO WAPPA DAM	
	Fastest estimate = 3:30 hrs To Finish estimate = 7:00 hrs	2,3,4	<ul style="list-style-type: none"> ▶ CAUTION - Public roads, cars/trucks travelling at high speed, ride single file, use sidewalks and paths where possible, give way to pedestrians ▶ CAUTION - Exercise extreme caution - steep descents on this leg depending on route choice ▶ Teams to use Kondalilla Falls Rd and Flaxton Drive to travel to Mapleton and then use the fire trails and tracks to navigate their way around Cooloolabin Dam and then down to Wappa Dam. Collect all CPs in order. ▶ TRANSITION - Wappa Dam Park 	
	Team Estimate:	6,7,8,9,10,11,12,TA3		
<ul style="list-style-type: none"> ▶ TA 3 LOGISTICS: Box B. Place gear in 'ready to go' area on exit. 				
LEG 3.5	14 km	Elevation Gain 700m	ELITE ONLY: OFF TRAIL COOLOOLABIN	
	Fastest estimate = 5:00 hrs To Finish estimate = 7:30 hrs	3	<ul style="list-style-type: none"> ▶ CAUTION - Take care on slippery wet rocks. Dense undergrowth in some creek beds. Gaiters recommended. ▶ ELITE Course Teams must stay within 100m of each other, all team members must visit all CPs (within 5m), penalties will apply. Teams that arrive at TA 2.5 after 6:30pm Saturday will not be permitted to start this leg. Final rankings of Elite course teams will be ahead of teams that do not complete this leg. Collect all CPs in any order. ▶ TRANSITION - Blackall Rd, unsupported. Water available. 	
	Team Estimate:	A,B,C,D,E,F,TA3.5		
<ul style="list-style-type: none"> ▶ TA2.5 LOGISTICS: No Box. Water available. 				
LEG 4	12 km	Elevation Gain 245m	TREK WAPPA STATE FOREST	
	Fastest estimate = 2:00 hrs To Finish estimate = 3:30 hrs	4	<ul style="list-style-type: none"> ▶ CAUTION - Take care on slippery wet rocks. Dense undergrowth in some creek beds. Gaiters recommended. ▶ Collect all CPs in any order. Teams must stay within 100m of each other, all team members must visit all CPs (within 5m), penalties will apply. ▶ TRANSITION - Wappa Dam Park 	
	Team Estimate:	G,H,I,J,K,L,TA3		
<ul style="list-style-type: none"> ▶ TA 3 LOGISTICS: Box B. Place gear in 'ready to go' area on exit. 				

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LEG 5		29 km		Elevation Gain 600m		MTB PARKLANDS	
	Fastest estimate = 2:00 hrs		5,6		13,14,15, 16,17,18, TA5	<ul style="list-style-type: none"> ▶ CAUTION - Public roads, cars/trucks travelling at high speed, ride single file ▶ CAUTION - Exercise extreme caution – steep descents on this leg depending on route choice ▶ Teams must stay within 100m of each other, all team members must visit all CPs, penalties will apply. Teams to MTB from Wappa Dam Park to Parklands Mountain Bike park and then on to the TA at Dunethin Rock collecting all CPs in and order. ▶ TRANSITION - Dunethin Rock Boat Ramp 	
	To Finish estimate = 4:00 hrs						
▶ TA 4 LOGISTICS: Box C. Place gear in 'ready to go' area on exit.							

LEG 8		21 km		Elevation Gain 0m		PADDLE THE MAROOCHY RIVER	
	Fastest estimate = 2:20 hrs		6,7		19,20,21, 22,FINISH	<ul style="list-style-type: none"> ▶ Dunethin Rock - Low tide Sun 02:42am (0.6m) – High Tide Sun 07:03am (1.2m) ▶ FIRST RESPONSE - Wave paddles vertically to attract safety craft. Use Phone in emergency. ▶ CAUTION - Submerged rock 100m from start in centre of river. A picnic shelter can be seen on the right bank. Rock is 8m wide, teams to paddle either side of rock. ▶ Team kayaks must stay within 100m of each other - safety officials will be checking. ▶ Teams to collect all CPs in order paddling Dunethin Rock to Picnic Point to the finish. 	
	To Finish estimate = 4:30 hrs						
▶ FINISH LOGISTICS: Carry kayak into park before finishing race. Time will be taken at finish line.							

CP DESCRIPTIONS

- CP 1 20m Along Creek Line
- CP 2 10m Along Creek Line
- CP 3 Tree Stump
- TA 1 Start
- CP 4 Southern Creek Junction
- CP 5 Creek Junction
- TA 2 Kondalilla Falls Park
- CP 6 Vacant Lot East of Pub, Fence Post S End, No Flag
- CP 7 Park Bench, No Flag
- CP 8 20m E of Minor Track Junction
- CP 9 100m W of Track Creek Junction, 20m N of Creek Low Scrub
- TA 2.5 Track Junction
- CP A Creek Bend
- CP B High Point
- CP C Rocky Outcrop, Spur
- CP D Rocky Outcrop, Spur
- CP E Creek Junction
- CP F Spur
- CP 10 Pt Glorious Sign, No Flag
- CP 11 20m NE of Trail High Point
- CP 12 Small Tree, Spur
- TA 3 Wappa Dam, National Park Gate
- CP G High Point
- CP H Creek Junction
- CP I Top of Creek Line
- CP J Creek Junction
- CP K 30m W of Quarry Gate
- CP L 30m SE Track Bend

- CP 13 Gate, No Flag
- CP 14 50m S of Track Creek Junction
- CP 15 50m E of Track Creek Junction
- CP 16 Tower Fence, NW corner, No Flag
- CP 17 Creek Bend N of Track
- CP 18 High Point
- TA 4 Dunethin Rock Boat Ramp
- CP 19 S Bank, Immediately Before River Bend
- CP 20 10m N of Jetty, Fence, No Flag
- CP 21 30m W of E Shore. Base of Tree, No Flag
- FINISH HQ

IN EMERGENCY CALL: 0497 417 195