

COURSE NOTES FAIRY BELLS



HellsBells 24HR // ADVENTURE RACE

LEG 1		7 km		Elevation Gain 100m		SWIM + URBAN PATHS TREK	
	Fastest estimate = 1:00 hrs To Finish estimate = 1:30 hrs		1		1, B, C, TA1	<ul style="list-style-type: none"> Mooloola River - High Sat 7:31am (1.21m) – Low Sat 1:50 pm (0.26m) FIRST RESPONSE - Wave to attract safety craft. Use Phone in emergency. Teams to swim across the Mooloola River to collect CP1 and begin the trek ALL TEAMS MUST WEAR THEIR LIFE VESTS (PFDs) TO CROSS THE RIVER. TAKE CARE OF CURRENTS AND BOATS. PFDs will be collected at CP1 and taken to TA1. Teams to use the urban paths and crossings to navigate to TA1. Road rules apply. Collect all CPs in order. Teams must stay within 100m of each other, all team members must visit all CPs (within 5m), penalties will apply. 	
	Team Estimate:						
TA 1					<ul style="list-style-type: none"> Place paddle gear with Box A for return leg. Access Box A 		
LEG 2		7 km		Elevation Gain 0m		MOOLOOLA RIVER	
	Fastest estimate = 1:00 hrs To Finish estimate = 1:30 hrs		1		D, E, F	<ul style="list-style-type: none"> Mooloola River Parrearra - High Sat 6:31am (1.21m) – Low Sat 12:50 pm (0.26m) FIRST RESPONSE - Wave paddles vertically to attract safety craft. Use Phone in emergency. CAUTION - Public waterway, be aware of powered watercraft Team kayaks must stay within 100m of each other - safety officials will be checking Teams to enter water at TA and navigate up river towards TA1. Collect CPs D, E, F in ANY order. On completion of leg carry kayak and paddle gear to designated area. 	
	Team Estimate:						
LEG 3		27 km		Elevation Gain 320m		MOOLOOLA RIVER TO DULARCHA	
	Fastest estimate = 1:30 hrs To Finish estimate = 3:00 hrs		1, 2, 3		2, 3, 4, 5, 6, TA4	<ul style="list-style-type: none"> CAUTION - Public roads, cars/trucks travelling at high speed, ride single file, use sidewalks and paths where possible, give way to pedestrians CAUTION - Exercise extreme caution – steep descents depending on route choice Teams to use fire trails and tracks to navigate their way through Mooloola National Park and Beerwah State Forest. Collect all CPs in order. 	
	Team Estimate:						
TA 4				<ul style="list-style-type: none"> Place bikes in designated area. Copy CPs for Leg 7 at this transition 			
LEG 4		5 km		Elevation Gain 200m		DULARCHA TREK	
	Fastest estimate = 1:15 hrs To Finish estimate = 2:00 hrs		3		L, M, N	<ul style="list-style-type: none"> CAUTION - Exercise extreme caution – rough and steep descents on this leg depending on route choice Teams to navigate their way around Dularcha National Park Collect all CPs in ANY order. 	
	Team Estimate:						
LEG 5		23 km		Elevation Gain 265m		DULARCHA TO MOOLOOLA WETLANDS	
	Fastest estimate = 1:30 hrs To Finish estimate = 2:45 hrs		1, 2, 3		22, 23, 24, 25, TA5	<ul style="list-style-type: none"> CAUTION - Public roads, cars/trucks travelling at high speed, ride single file, use sidewalks and paths where possible, give way to pedestrians Teams to use public roads, fire trails and tracks to navigate their way to the Mooloola Wetlands Reserve. Collect all CPs in order. 	
	Team Estimate:						
TA 5			<ul style="list-style-type: none"> Place bikes as instructed 				

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LEG 6		5 km		Elevation Gain 50m		MOOLOOLA WETLANDS TREK	
	Fastest estimate = 1:00 hrs To Finish estimate = 1:45 hrs		2,1		26,27, TA5	<ul style="list-style-type: none"> Teams to navigate Mooloola Wetlands. Cross the Mooloola River at CP28 Collect all CPs in ANY order.	
	Team Estimate:						
LEG 7		10 km		Elevation Gain 50m		MOOLOOLA NATIONAL PARK	
	Fastest estimate = 0:45 hrs To Finish estimate = 1:15 hrs		2,1		29,30,A FINISH	<ul style="list-style-type: none"> CAUTION - Public roads, cars/trucks travelling at high speed, ride single file, use sidewalks and paths where possible, give way to pedestrians Teams to use public roads, fire trails and tracks to navigate their way from the Mooloola Wetlands Reserve to the finish. Collect all CPs in order. 	
	Team Estimate:						